



MARYVILLE PARKS & RECREATION

ADULT CO-ED FALL VOLLEYBALL

I. Program Information

- A. The Maryville Parks and Recreation Volleyball Program will offer Women's Leagues and Men's Leagues. This activity is intended to provide a meaningful physical fitness outlet, and an opportunity for individuals to participate in a team atmosphere stressing sportsmanship.
- B. The Volleyball program is administered by the Parks and Recreation Department. Team captains/managers are responsible for insuring that their team is present when scheduled to play, and maintaining discipline during competition.
- C. One official will be provided per match.

II. Registration Procedure

- A. Teams will be placed in leagues according to last year's final league standings. New teams will be placed in leagues where appropriate.
- B. Registration will be accepted from mid August until the beginning of September at 5:00 P.M. Teams will be registered in the assigned league, unless a team requests a written exception, which is approved by the Recreation Coordinator. This request should state the reason for the requested change.
- C. ***We have a new registration program this year. We have eliminated the player fee and put all program fees into the adjusted team fee. Each team will be allowed to have unlimited players as long as each player has a signed player contract and are on the roster prior to playing.***
- D. Special requests for playing nights or times should be made at the time of registration in writing. **We cannot guarantee the special request will be granted.**

III. Fees

- A. Team Fee - \$300.00
- B. Late Team Fee - \$325.00

IV. Player Regulations

- A. All players must be on a Team Roster in order to be eligible for league competition and must have a SIGNED player contract.
- B. Players may be added through the season, but a player must be on a team roster by the beginning of October in order to participate in the post-season tournament.
- C. Players can only play on **ONE** team.
- D. Players must be registered 24 hours prior to participating.
- E. No University, Varsity, JV, or freshman volleyball players may compete in this league.
 - I. ***High school students are not permitted in the league.***

V. Captain's Meeting

The captain's meeting will be held the second week of September in the Maryville Community Center North meeting room. We will review rules and distribute schedules at this time. If your manager/captain does not attend the meeting, schedules may be picked up the following day in the Parks and Recreation office. We will not mail schedules to those who miss the meeting.

VI. League Schedules

- A. Schedules will be available at the captain's meeting the second week of September. Games are TENTATIVELY scheduled to begin the second week of September.
- B. Games will be played at the Maryville Community Center, 1407 N. Country Club Road.

VII. Rules of Conduct

- A. Unsportsmanlike conduct, poor attitude, disrespect, vulgarity or profanity will not be tolerated at any time. Any manager or player removed from the match for any reason will be automatically suspended for one match, which will be the next league or tournament match played by his/her team.
- B. A game will be forfeited in the event a team fails to respect the official's authority or decisions.
- C. In any discussion on the court with an official, only the captain will be allowed to enter the discussion. The captain must maintain complete control of himself and his/her team members at all times. **THE ONLY ITEM TO BE DISCUSSED WILL BE REGARDING A RULE INTERPRETATION. JUDGEMENT CALLS ARE NOT UP FOR DISCUSSION.**
- D. We desire the best program possible for all interested persons, and only proper conduct and attitude of the participants can, in turn, ensure a wholesome program. We expect the cooperation of all those participating in the program and will not let it be spoiled by few. Any manager or player fighting, threatening an official or having contact with an official will be automatically ejected for the remainder of the season, perhaps indefinitely, and will be required to meet with the Recreation Coordinator and Director of Parks and Recreation before participating or attending any other games or activities.
- E. **FIGHTING = DOUBLE FORFEIT** and all persons involved will be suspended for the remainder of the year.

VIII. Game Time

- A. Games will start promptly at their scheduled time. Games are scheduled for 55 minutes. **If a team does not have four players at game time, they will forfeit the first game.** If they have enough players to begin play within fifteen minutes of the original game time, they may **play the other two games.** **Teams, who do not have enough players after the fifteen-minute time period, will forfeit all three games.**
- B. If a team has THREE (3) forfeits during the season, they will be dropped from the schedule, and will not participate in the post-season tournament.
- C. The official will be the timekeeper. If time expires and the third game has not yet begun, it will be played to five (5) points and a team must be ahead by two (2) points in order to win. All three games must be played.
- D. If the game is tied, play will continue: must win by two (2) points.
- E. **National Federation Volleyball Rules will govern the volleyball program, except where amended below.**
- F. Games may begin with as few as four players. Maximum number of players allowed on the floor shall be eight. "A" League teams will be allowed only 6.

XIII. Gym Usage Guidelines

- A. No smoking, food, alcohol, or any other beverages are allowed in the facility.
- B. **NO SOILED SHOES ALLOWED.** Bring your shoes to the gym and change before entering the court area.
- C. Children 7 and under need to be supervised at all times or taken to child watch. Child watch is available for a \$2.00 fee or free with a MCC membership. No spectators should watch from the track and should be seated on the floor or in the chairs provided.

XII. Volleyball Rules

- A. Rally serving will be implemented. A point is earned every time there is a dead ball. All three games will be rally scored and played to 30.
- D. Teams may determine their own rotation system, but all players must rotate to every position. Players may not switch positions in order to gain a favorable advantage. A back row player may not come up to the front row to spike or block.
- E. One official will be provided per court and will serve as referee and scorekeeper. In the event of an infraction of the rules or disputed play, the **DECISION** of the **OFFICIAL IS FINAL**.
- F. Each game must be won by two points and play continues until one team wins by two points.
- G. Captains shall flip a coin to determine serve or side of net. Teams shall change sides at the end of the game, and the loser of the preceding game shall serve.
Tournament Play: if the games are tied at one game each, captains will flip a coin again to determine who will serve the third set.
- H. **The serve can be made from anywhere behind the service line.**
- I. A ball that strikes a player above, or including, the waist and bounces off, making a direct and not rolling contact, may be continued in play and counts as one hit. If a ball strikes a player below the waist, it will be a dead ball.
- J. Any ball striking the top of the net and falling into the proper court is considered to be in play.
- K. A player may reach under the net to play the ball providing the player does not make contact with the net or step completely over the center court line. A player may follow through on a hit or block across the top of the net as long as the player does not make contact with the net.
- L. Opponents **cannot block or reach over the net to attack a serve or “steal” a set**. You must wait for the ball to cross the vertical plane of the net to play a ball.
- M. If two players on opposite teams hit the ball simultaneously (a block), either player may hit the ball again. If two players on the same team hit the ball simultaneously, this will count as one hit and either player may hit the ball again.
- N. Each side is allowed three hits; one hit per person unless another player hits in between.
- O. The ball **MAY NOT** be caught, thrown, rolled, hooked, or pushed; contact must be a clean hit. (An official is less likely to call this if the hand is closed).
- P. If the volleyball hits the ceiling on your own side, you may continue play. If the ball hits the ceiling or fixtures as it crosses the net, it is a dead ball.
- Q. Backboards and Track: Backboards that are up will be considered horizontal, and should be played like the ceiling. If the backboards are down (in a vertical position), the ball will be called dead. The track will be considered vertical, and the ball will be called dead.
- R. Each team will be awarded two (2) 30-second time-outs per game if needed. Referee’s time out will be used for injuries.

IX. Cancellations

Games will only be canceled due to extreme weather conditions or emergencies at the MCC. Listen to KNIM (97.1 FM) after 4:30 pm call 562-2923 for status of games that evening. **Please do not call KNIM**. Games will be made up as long as there are available gym nights.

X. Protests

Only protests involving eligibility of players will be allowed. Intent to protest must be made to the official before the game ends. Protest identifying the person in question should be submitted to Maryville Parks and Recreation at the Maryville Community Center the day following the game.

XIV. Post Season Tournament

A single elimination tournament will be held immediately following the regular league schedule. The league winners and tournament champs will receive a trophy.